

We are not a Gluten Free Facility. However, the following dishes can be made with GF ingredients upon request. Regarding rice that comes with some dishes, only White Rice and Brown Rice is GF.

NO EGGROLLS

NO APPETIZERS

SOUPS:

Chicken Rice

EggDrop

Chicken w/Sweet Corn

Broccoli Tofu

Vegetable Soup

Fried Rice Stir -Fry

Any Fried Rice Stir-Fry UPON request

LoMein- NOT GF

Mei Fun

Any Mei Fun Stir-Fry UPON request

Chow Fun

Any Chow Fun Stir-Fry UPON request

Chicken Section:

Any Dish upon request except:

Sweet Sour

MooShu Pancakes + Hoisin Sauce

Hot & Spicy Chicken

Teriyaki Chicken

Beef Section: white rice/brown rice

Any Dish upon request except:

Mu Shu Pancake + Hoisin Sauce

Teriyaki Chicken

Diets/Steamed:

No mushu Pancake

No Grilled Chicken (because of Teriyaki Sauce)

NO THAI DISHES

Chef Joey Specialties: white rice/brown rice

General Tso (white meat only)
Sesame Chicken (white meat only)
Empress Chicken
Orange Chicken (white meat only)
Shredded Crispy Beef
Orange Beef
Kung Pao Delight
Sesame Beef
Orange Beef
General Tofu
Kung Fu Krunch
Sweet Hawaiian Chicken
Mushroom Delight
Oriental Popcorn Chicken
Mongolian Beef

Korean Food:

Korean Chicken w/Hot Pepper Sauce
Korean Beefw/Hot Pepper Sauce

Egg Foo Young

Any dish upon request

Noodles Section:

Not available

Lunch Special / Dinner Specials: (white rice/brown rice only)

Beef Broccoli
Beef Garlic Sauce
Tofu Veg
Beef Veg
Chicken Black Bean
Beef Black Bean
Chicken Broccoli
Chicken Garlic Sauce
Moo Goo Gai Pan (always GF)
Mei Fun/Chow Fun (NOT LoMein)
Eggplant Garlic Sauce
Korean Chicken Hot Pepper Sauce
Beef Mushroom
Beef Snow Peas
Pepper Steak

Vegetable Delight

Chicken Veg

Hunan Chicken

Kung Pao!

Mongolian Beef

Dr Bennets