We are not a Gluten Free Facility. However, the following dishes can be made with GF ingredients upon request. Regarding rice that comes with some dishes, only White Rice and Brown Rice is GF.

NO EGGROLLS

NO APPETIZERS

SOUPS:

Chicken Rice
EggDrop
Chicken w/Sweet Corn
Broccoli Tofu
Vegetable Soup

Fried Rice Stir -Fry

Any Fried Rice Stir-Fry UPON request

LoMein- NOT GF

Mei Fun

Any Mei Fun Stir-Fry UPON request

Chow Fun

Any Chow Fun Stir-Fry UPON request

Chicken Section:

Any Dish upon request except: Sweet Sour MooShu Pancakes Hot & Spicy Chicken

Beef Section: white rice/brown rice Any Dish upon request except: Mu Shu Pancake

Diets/Steamed:

No mushu Pancake No Grilled Chicken (because of Teriyaki Sauce)

NO THAI DISHES

Chef Joey Specialties: white rice/brown rice

General Tso (white meat only)

Sesame Chicken (white meat only)

Empress Chicken

Orange Chicken (white meat only)

Shredded Crispy Beef

Orange Beef

Kung Pao Delight

Sesame Beef

Orange Beef

General Tofu

Kung Fu Krunch

Sweet Hawaiian Chicken

Mushroom Delight

Oriental Popcorn Chicken

MOngolian Beef

Korean Food:

Korean Chicken w/Hot Pepper Sauce Korean Beefw/Hot Pepper Sauce

Egg Foo Young

Any dish upon request

Noodles Section:

Not available

Lunch Special / Dinner Specials: (white rice/brown rice only)

Beef Broccoli

Beef Garlic Sauce

Tofu Veg

Beef Veg

Chicken Black Bean

Beef Black Bean

Chicken Broccoli

Chicken Garlic Sauce

Moo Goo Gai Pan (always GF)

Mei Fun/Chow Fun (NOT LoMein)

Eggplant Garlic Sauce

Korean Chicken Hot Pepper Sauce

Beef Mushroom

Beef Snow Peas

Pepper Steak

Vegetable Delight

Chicken Veg Hunan Chicken Kung Pao! Mongolian Beef Dr Bennets